



Connecting for Kids

January 2019 Programs

All programs are free and open to the public; however, registration is required. Register online at connectingforkids.org/register, email info@connectingforkids.org or call 440-570-5908



You're not alone

Connecting for Kids (CFK) provides education and support to families with concerns about their child. We serve all families, including those children with and without formal diagnoses.

Learn more at connectingforkids.org

Program locations

- M** Middleburg Heights Branch of Cuyahoga County Public Library, 16699 Bagley Rd.
- P** Parma-Snow Branch of Cuyahoga County Public Library, 2121 Snow Rd.
- W** Westlake Porter Public Library, 27333 Center Ridge Rd.

Designed for your family

- Y** Families with young children (0-6 years)
- E** Families with elementary-aged children (7-12 years)
- A** All families with children (0-12 years)

Special thanks to

CFK programs in Middleburg Heights and at the Parma-Snow Branch of Cuyahoga County Public Library are presented in partnership with Cuyahoga County Public Library.

CFK programs in Westlake are presented in partnership with Westlake Porter Public Library.

Speaker Series

Join us for presentations on various childhood topics by local, pediatric professionals. Free, supervised children's activities are available, but adults and children must register separately. connectingforkids.org/speakerseries

Electronic Addiction: The New Epidemic **A P**

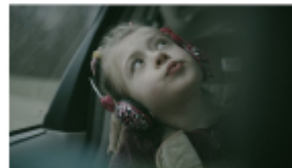
Did you know that the World Health Organization recently announced gaming addiction as a real diagnosis which should be recognized? Were you aware that games are specifically designed to be addictive? Join Dr. Jay Berk, of Jay Berk, PhD & Associates and author of "A Parent's Quick Guide to Electronic Addiction," for a lively and informative Speaker Series discussion about the new emerging crisis of electronic and gaming addiction. Dr. Berk will identify the signs of electronic addiction and how to manage behaviors associated with it, such as rage, refusal to give up electronics, loss of friends, social isolation and inappropriate activities on electronics.



Thursday, January 31, 6:30 pm

Coffee and Chat

Join our interactive support group and meet other families facing similar struggles. Free, supervised children's activities are available, but adults and children must register separately. connectingforkids.org/support



Viewing of "The Unconditional" Documentary **A W**

The Krakowiak family of Olmsted Falls is featured in this unflinching documentary of their daily life caring for two children with complex needs. Join us to view and discuss the film with the Krakowiak family and then have an opportunity to share your own experiences caring for your children. Lisa Ruman, LISW, CHt, of The Child & Family Counseling Center of Westlake, will facilitate our discussion.

Tuesday, January 15, 6:00 pm



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Elementary ExperiencesSM

These hands-on training programs are designed for families and their children (ages 7-12 years) who are struggling. Families will learn targeted skills together and receive a handout with ideas and resources to use at home. Adults are expected to participate in the program with their children. Siblings (ages 7-12 years) may also attend but must register separately. connectingforkids.org/elementary

Social Series: Keys to Conversation **E W**

Does your child get left out of peer conversations because he doesn't know how to join in or what to say? Is your child's ability to make friends hindered by her poor communication skills? Wendi Willmer, MA, CCC-SLP, of Busy Hands Bright Minds, LLC, will teach attendees simple conversation strategy skills such as choosing an interesting topic, joining a conversation with friends, continuing a conversation appropriately and switching topics. Families will have the opportunity to interact with each other and with other attendees to practice what they have learned.

Saturday, January 12, Sessions begin at 1:00 pm and 2:30 pm

Now We're Cooking: Learning Functional Skills In the Kitchen **E M**

Are you looking for an activity to do with your child that is therapeutic, educational, social and fun? Why not try cooking? Join Jamie R. Hughes, MA, CCC-SLP, Maria Llerena, OTR/L, and Elizabeth Radachi, BCaBA, of The KIDnections Group, LLC, as they teach you how to incorporate skills such as following directions, problem-solving, language, fine motor, self-help and social communication into cooking no-bake recipes with your child. They will also guide you on ways you can adapt cooking activities to best fit your child's abilities and your family's needs.

Saturday, January 19, Sessions begin at 1:00 pm and 2:30 pm

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